



# Sensi Chew Insomnia

Melatonin-infused, Gluten-free, Low Calorie

Nighttime

## TESTIMONIAL

*"I have had sleep problems for over 10 years and have tried sleeping pills and everything you can buy naturally at Whole Foods. By default, I'm back to medical marijuana products and have tried everything collectives sell. Once I tried the Sensi Chew Insomnia product I was hooked. It works better than advertised and no edible hangover. You have made the best product for people like me with INSOMNIA."*

CG, San Francisco CA

**Sensi Chew Insomnia** is for patients with pain, who struggle with insomnia, and have a THC tolerance. It contains a total 100MG of concentrated cannabinoid extract and 4MG per dose of natural melatonin suspended in a chewy chocolate caramel. The cannabinoid profile is primarily THC with small amounts of CBD, CBC, CBN, CBG, THCV, and other whole plant cannabinoids and terpenoids. Those who are new to or have a low tolerance with medicated edibles should proceed slowly.

## HOW IT WORKS

The cannabis medicine enters the blood stream first through oral membranes in the mouth, then absorbed through the gastrointestinal track and finally processed through the liver. The body's Endocannabinoid System (ECS) primary receptors CB1 and CB2 are effected by the incoming cannabinoids and serve distinct functions in managing pain, health and well-being. CB1 receptors are primarily found in the brain and central nervous system. CB2 receptors are mostly found in the peripheral organs and cells associated with the immune system. All of the cannabinoids found in cannabis work together to provide synergistic advantages with cells from both CB1 and CB2 receptors. In addition to cannabinoids and common to all plants used for compounding remedies and medicine, cannabis plants also contain terpenes and terpenoids that give plants their smell and taste and which provide a broad spectrum of medical, nutritional, and health benefits.

## HOW TO DOSE

Medicated edible dosing is unique to each patient. To achieve best results experimentation and testing is needed to find the most effective approach. Several factors will effect how it works, such as dose consumed, age of patient, with food or on an empty stomach, time of day, with other drugs, and the experience of the patient with other cannabis therapy. Patients should keep notes when they begin until the desired effect is determined.

Sensi Chew Insomnia comes in 10-10MG doses. Try ½ to 1 dose (5-10MG) or less to see how your body responds. Each dose contains 4MG of natural melatonin, the recommended dose to regulate sleep patterns. Wait at least 90 minutes before consuming more. This is very potent and caution should be used. Keep out of reach of children. Chew slowly and allow the caramel to melt in your mouth for faster onset and absorption through the oral membranes.

*continued...*

### Sensi Chew Insomnia

Nutrition Facts	Amount Per Serving	% DV*
Serving Size: 1 piece	<b>Total Fat</b> .5g	<b>1%</b>
Serving Per Pack: 10	<b>Total Carb.</b> 2g	<b>1%</b>
<b>Calories: 10</b>	Sat. Fat .25g	<b>2%</b>
	Dietary Fiber 0g	
<b>Active Ingredient:</b>	<b>Sodium</b> 8mg	<b>&lt;1%</b>
Cannabis Extract,	Sugars 2g	
Melatonin.	<b>Potassium</b> 4mg	<b>Protein</b> 0g

\*The % of Daily Value (DV) is how much a nutrient in a serving of food contributes to a daily diet of 2000 calories a day.



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*"My name is Tom I'm a retired Vietnam Veteran. I have suffered from my combat wounds and have had sleep disorders for over 40 years. It has taken me years to find relief and a product that would help me sleep. I have had problems with edible doses, and your packaging and the fact that you have cut them in doses is fantastic. I am able to take the same dosage every night of your Insomnia Chews and I can now say I sleep like I did when I was 20 years old. Great job."*

TS, Oakland CA

*"I work a job with erratic hours. I have never used cannabis recreationally but I have found it very helpful for sleep. Over the years I've used Ambien and Lunestra but couldn't shake the groggy feeling during the day. Have also done several overnight sleep clinics and nothing has worked. Now I take ¼ dose of Sensi Chew Insomnia and get a full-nights sleep and wake up feeling fine."*

C.C. Los Angeles, CA

## HOW TO DOSE *continued...*

The effects should begin between 30min to 90min after consumption, with peak effects at 90min to 2 hours, and lasting for up to 4 to 8 hours. Each patient's metabolism is different and the onset and duration will vary. Patients who are allergic to melatonin should avoid this product.

## PRIMARY CANNABINOIDS IN THIS PRODUCT

**THC is a primary psychoactive cannabinoid.** Therapeutic effects include reduction of nausea, stimulation of appetite, reduction of pain. THC may cause dizziness and disorientation.

**CBD is a non-psychoactive cannabinoid.** Therapeutic effects include reduction of pain and drowsiness. CBD may positively effect receptor binding and metabolism of THC.

**CBC is a non-psychoactive cannabinoid.** Therapeutic effects include anti-inflammatory, analgesic, anti-depressant, antibiotic, antifungal.

**CBN is a by-product of THC.** Therapeutic effects include anticonvulsant, anti-inflammatory, stimulate bone formation, reduce keratinocyte growth.

**CBG is a non-psychoactive cannabinoid.** Therapeutic effects include analgesic and anti-erythemic, antifungal, anti-hypertensive, inhibits psoriasis, antibiotic, anti-depressant, and has shown sign of anti-proliferative effects on some cancer cells.

**THCV is a mild psychoactive cannabinoid.** Therapeutic effects include reduction of appetite, weight loss, decreased body fat, anticonvulsant, anti-inflammatory.